

OYSTER OUTCOMES MONTHLY SPOTLIGHT MEET OUR ASSOCIATES

CLAIRE DEEPROSE

Coach & HR Expert



'Welcome Claire, thanks for joining us today.'

'Can you tell us about your background?'

'I've worked in a number of HR roles, from resourcing and data analysis to policy and proposition development. I've spent the last 6 years working in John Lewis Partnership, a purpose-driven organisation that aligns to my personal values. It was through my work at JLP that I discovered coaching, and I began my journey as a coach in 2018.'



'What do you love about coaching?'

'Giving people space and time to really think is such a valuable gift in a busy world. I love the opportunity to build meaningful relationships with my clients and support them to understand themselves better, overcome barriers, and make the changes required to move them closer to where they want to be.'

'How would you coaching clients best describe your coaching style?'

'Warm, attentive and fun, but also focussed and outcome-driven.'



'How can coaching help when times are still so ambiguous?'

'Coaching can create space and time for people to think about what's important to them at that particular moment. With so many things to consider and think about, coaching can help drill down to identify what really matters, providing focus and clarity.'



'Are there any coaching "packages" of work you offer through Oyster Outcomes?'

'I provide business and personal coaching to individuals, through a variety of session structures and drawing on a range of tools.'

'Thanks Claire, it was great talking to you!'

Kayleigh

KVA Virtual Assistant

Claire is offering a gift of one package of six coaching sessions to a client selected from anyone who would like to be considered for this wonderful opportunity.

Email - Hello@oysteroutcomes by midnight on 11 July 2021. The recipient of the coaching package will be notified by 12 July 2021.

